

2018

COACHES MANUAL – MAJORS DIVISION



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## Calendar of Events

## Welcome to the Majors

### Expectations

This is the age where players can compete for the opportunity to play in the Little League World Series. Therefore, players are expected to make all practices and games a priority and attend all scheduled sessions as you would with rep hockey or gold soccer.

Along with regular season games teams will be involved in hosting a couple different tournaments, including our legendary Mackin Yard Invitational in May, where we showcase our teams in a tournament involving other teams from all over the Lower Mainland. The Major AAA & Major AA will be involved in playing & hosting the Mackin Yard Invitational, May 17<sup>th</sup> through May 21<sup>st</sup>. The Major A will have their own in house tournament in Mackin Yard the following weekend, May 25<sup>th</sup> through 27<sup>th</sup>. To run these tournaments successfully each year we require the entire CLL Community to help out (including all CLL Board Members, Coaches, Players, and Parents).

### Parental Responsibilities

Every game at Mackin requires a scorekeeper, a pitch counter, a public address announcer, 2 pre-game field maintenance people, 2 concession workers, and 2 people for post-game field maintenance. Where do these people come from? From the parents of the kids on the two teams that are playing that game. It is expected that all parents will pitch in and help with field duties. In some and often all cases one parent will be part of the Coaching staff. In those instances it is expected that the other parent will do his or her share of helping out. By increasing the number of available helpers, the overall workload of each will be decreased, thus allowing everyone to more fully enjoy the season.

### Concession Accountability

One of our Major sources of revenue is the money that the concession brings in each year. We run the concession for our kids, to try and keep registration costs down. Keeping this in mind we ask that all food & beverages be paid for, even when working one of your assigned duties.

### General info

That should be passed along to all spectators

Respect the young umpires that are working your games. Remember that they are also in the stages of learning something new! Intimidation will do nothing to foster their growth and confidence.

Remember, that umpire may be your child in a couple of years. Cases of abuse to umpires that are brought before the board of directors will be dealt with "zero tolerance"

As per Coquitlam BYLAW NO. 3037 smoking is banned in all Coquitlam Parks.

### Parking

Watch where you park - we hate to see anyone get towed. There are "no parking" rules in effect on King Edward adjacent to Mackin - please have all parents/grandparents etc. watch posted signs before they park.

## Coaches Code of Conduct

# Instructions for Coaching Code of Conduct

***If you have not yet signed a Code of Conduct it is imperative that you do so and return it to your Division Coordinator***

**On the following page you will find a copy of the Code of Conduct, this one is for you to keep.**

**At the end of the manual you will find another copy of the Code of Conduct, this one is for you to sign and return to your division coordinator.**

## Code of Conduct

### **COACHING CODE OF CONDUCT**

The athlete/coach relationship is a privileged one. Coaches play a critical role in the personal as well as the athletic development of their athletes. They must understand and respect the inherent power imbalance that exists in this relationship and must be extremely careful not to abuse it. Coaches must also recognize that they are conduits through which the values and goals of a sport organization are channelled. Thus how a coach regards his/her sport is often dependent on the behaviour which will allow them to assist their athletes in becoming well-rounded self-confident and productive human beings.

#### **COACHES HAVE A RESPONSIBILITY TO:**

- 1) Treat everyone fairly within the context of their activity, regardless of gender, place of origin, colour, sexual orientation, religion, political belief or economic status.
- 2) Direct comments or criticism at the performance rather than the athlete.
- 3) Consistently display high personal standards and project a favourable image of their sport and of coaching.
- 4) Refrain from public criticism of fellow coaches; especially when speaking to the media or recruiting athletes.
- 5) Abstain from the use of any tobacco products while in the presence of her/his athletes and discourage their use by athletes.
- 6) Abstain from drinking alcoholic beverages when working with athletes or while on or near the playing field.
- 7) Discourage the use of alcohol in conjunction with athletic events or victory celebrations at the playing site.
- 8) Refrain from the use of profane, insulting, harassing or otherwise offensive language in the conduct of his/her duties.
- 9) Ensure that the activity being undertaken is suitable for the age, experience, ability and fitness level of the athletes and educate athletes as to their responsibilities in contributing to a safe environment.
- 10) Communicate and co-operate with registered medical practitioners in the diagnoses, treatment and management of their athletes' medical and psychological problems. Consider the athletes' future health and well being as foremost when making decisions regarding injured athletes' ability to continue playing or training.
- 11) Recognize and accept when to refer athletes to other coaches or sport specialists. Allow athletes' goals to take precedence over their own.
- 12) Regularly seek ways of increasing professional development and self-awareness.
- 13) Treat opponents and officials with due respect both in victory and defeat and encourage athletes to act accordingly. Actively encourage athletes to uphold the rules of their sport and the spirit of such rules.
- 14) In the case of minors, communicate and co-operate with the athlete's parents or legal guardians, involving them in management decisions pertaining to their child's development.

**MAINTAIN THIS COPY FOR YOUR REFERENCE**

- 15) In an educational institution, be aware of the academic pressure place on student-athletes and conduct practices and games in a manner so as to allow academic success.

**COACHES MUST:**

- 1) Ensure the safety of the athletes with whom they work.
- 2) At no time become intimately and/or sexually involved with their athletes. This includes requests for sexual favours or threat of reprisal for the rejection of such requests.
- 3) Respect athlete's dignity. Verbal or physical behaviours that constitute harassment or abuse are unacceptable (definition of harassment described below).
- 4) Never advocate or condone the use of drugs or other banned performance enhancing substances.
- 5) Never provide under age athletes with alcohol.

**DEFINITION OF HARASSMENT:**

Harassment takes many forms but can generally be defined as behaviour including comments and/or conduct which is insulting, intimidating, humiliating, hurtful, malicious, degrading or otherwise offensive to an individual, or group of individuals, or which creates an uncomfortable environment.

**Harassment may include:**

- written or verbal abuse or threats;
- sexually oriented comments;
- racial or ethnic slurs;
- unwelcome remarks, jokes, innuendoes or taunting about a person's body, attire, age, marital status, ethnic or racial origin, religion etc;
- displaying of sexually explicit, racist or other offensive or derogatory material;
- sexual, racial, ethnic or religious graffiti.
- practical jokes which cause awkwardness or embarrassment, endanger a person' safety, or negatively affect performance;
- unwelcome sexual remarks, intimidation or invitations or request whether indirect or explicit;
- leering (suggestive staring), or other obscene or offensive gestures;
- condescension, paternalism or patronizing behaviour which undermines self-respect or adversely affects performance or working conditions;
- physical conduct such as touching, kissing, patting, pinching, etc.;
- vandalism;
- physical assault.

This code was developed by Promotion Plus Women in Coaching Committee in conjunction with the Ministry of Government Services and The Ministry Responsible for Sport and the Commonwealth Games Coaching Advisory Committee and the Coaches Association of BC.

**MAINTAIN THIS COPY FOR YOUR REFERENCE**

## Managers

### Major Division Managers

#### Important Items to Note:

- Find a Team Parent and give them the included team parent manual. Encourage them to attend the Team Parent Meeting
- Encourage your players to SELL, SELL, SELL Raffle Tickets (this will be our only fundraiser this year)
- Talk to all your 12 year olds about the 12/13 KARL GOSSELIN MID-SEASON CLASSIC– it is expected they will all participate
- Encourage parents to participate in PUB NIGHT
- Your team will be participating in the MACKIN YARD INVITATIONAL– remember – we will be hosting this tournament
- Remember PICTURE DAY
- Come watch and help out at the various tournaments we hold every season
- Closing ceremonies and Raffle Draw at FOUNDER’S DAY at Mackin Park
- COACHES GAME at Blue Mountain



## Schedule and Team Scores

# MAJOR DIVISION SCHEDULES

**All Major Division schedules are available on the website, and standings will be kept up to date.**

**VISIT THE WEBSITE REGULARLY FOR UP TO DATE SCHEDULE INFORMATION**

## GAME SCORES

The home team manager is responsible for entering the game score in Bonzi for posting on the website! The away team manager is responsible for checking to ensure the correct score has been entered, if not then please contact both the home team manager and the division coordinator to sort out.

## Field and Cage Booking

# Mackin Field & Cage Booking Instructions

### To book Mackin Yard or Mackin East for practices:

Contact your coordinator to book fields.

### To book Mackin Cage for Practices:

Teams are allowed to book a maximum of two time slots per week. First come first served. No long term or allocated pre-booking. The batting cage is open to teams from the Minor & Major Divisions.

NOTE: On game days the Home team has the cage prior to game time.

### General Cage Information

- ✚ Coaches are responsible to see that the cages are left clean and organized after their session. Bats are to be returned to storage, balls picked up and stowed, training equipment put back in its place.
- ✚ All litter and grass clumps etc are to be cleaned up.
- ✚ Horseplay and loud yelling etc, especially when there is a game being played is strictly prohibited.
- ✚ No cleats in cage
- ✚ Only coaches and players are allowed in the cage
- ✚ There is no waiting area or viewing area in the cage

### **All coaches MUST HAVE cage orientation with Steve Tickner before any bookings will be allowed**

The Coordinator and Vice President have the final say and will ban teams or individuals from the cage at their discretion should it become necessary.

Please report violations.

**THESE FACILITIES AND THE EQUIPMENT THEREIN ARE FOR THE TRAINING AND ADVANCEMENT OF COQUITLAM LITTLE LEAGUE REGISTERED PLAYERS AND MUST BE TREATED WITH THE UTMOST RESPECT AT ALL TIMES!**

### To book other fields for practices:

All other fields are available to be booked for practices, outside of the times they are scheduled for games. Please contact your division coordinator to find out how to book fields, or what fields may be available.

# Rules

## **COQUITLAM LITTLE LEAGUE** **MAJOR DIVISIONS HOUSE RULES**

*Revised March 2018*

### **1.0 FIELD DUTIES:**

- 1.1 Home Team: sets up the field (bases, lines, etc.), and provides scorekeeper. If games are at Mackin Yard, then the home team provides announcer & scoreboard operator as well.
- 1.2 Visiting Team: rakes field at end of game and stores equipment. If games are at Mackin Yard, then the visiting team is responsible for concession and concession clean-up (see attached duties list)

### **2.0 EQUIPMENT REQUIREMENTS:**

- 2.1 Players: athletic supports (Jock or Jill), and helmets are mandatory for all practices and games. Rubber cleats are recommended (NO metal cleats are allowed)
- 2.2 Coaches and Manager are encouraged to wear long pants but can wear shorts (no cut-offs – jean or otherwise are allowed). Matching Hats and T-shirts will be provided to Managers/Coaching Staff (3 shirts per team), and are mandatory to be worn at all games.

### **3.0 UMPIRES**

- 3.1 Prior to the start of each game, the Managers and coaches should introduce themselves to each other and to the umpires.
- 3.2 Abuse of umpires will not be tolerated.
- 3.3 Major AAA & Major AA games will have CLL Officials at Home Plate and on the Bases.
- 3.4 Major A games will have a CLL Official as the Home Plate Umpire. Base Officials will be either volunteer parents or 1<sup>st</sup> & 3<sup>rd</sup> base coaches, this role is to call the bases when the home plate umpire requires assistance on the call.

### **4.0 GAME AND FIELD RULES**

- 4.1 **MAJOR AAA** - If a team is going to be short of players for a game, it may make arrangements to pick-up a player from a Major AA team. The Division Coordinators will assist in ensuring the players being called up are capable of playing safely at this level of baseball, and ensure that the same players are not always getting called up (allowing more players to gain the experience).

- A player may only be called up/play in 3 games, this is to ensure other players are getting the opportunity to be called up/play in the higher division
- A called-up player cannot pitch

**MAJOR AA** - If a team is going to be short of players for a game, it may make arrangements to pick-up a player from a Major A team. The Division Coordinators will assist in ensuring the players being called up are capable of playing safely at this level of baseball, and ensure that the same players are not always getting called up (allowing more players to gain the experience).

- A player may only be called up/play in 3 games, this is to ensure other players are getting the opportunity to be called up/play in the higher division
- A called-up player cannot pitch

**MAJOR A** - If a team is going to be short of players for a game, it may make arrangements to pick-up a player from a Minor team. The Division Coordinators will assist in ensuring the players being called up

- are capable of playing safely at this level of baseball, and ensure that the same players are not always getting called up (allowing more players to gain the experience).
- A player may only be called up/play in 3 games, this is to ensure other players are getting the opportunity to be called up/play in the higher division
  - A called-up player cannot pitch
- 4.2 Every effort must be made to call up a player when a team is below 11 players for any given game. A game shall be played if a team can field only 8 players. If a team has less than 8 players, the other team shall be awarded the win. The game should still be played with the winning team loaning players to the forfeiting team. The Coordinator will enforce this rule.
- 4.3 Managers should have at least one (1) practice per week. During games at Mackin Yard, the home team shall be entitled to use the batting cage prior to the game.
- 4.4 Managers must make 4 copies of the line-up. Copies are distributed to the umpire, the scorekeeper and the opposing Manager. Each manager's line-ups must be presented to the scorekeeper at least 15 minutes before the game in order for the scorekeeper to properly prepare the score book. Lineup MUST include first and last names of all players, managers and coaches.
- 4.5 Players shall bat through the order and in the order listed.
- At the Major AA & Major A Divisions, after two weeks the batting order MUST remain the same. If a player is missing he/she MUST be entered back into the order in his/her original spot. At the end of the game note the last out from your team and start the next game with the next player in the batting order as your leadoff hitter. This will help ensure all player at bats are balanced during the course of the season.
- 4.6 Players that do NOT attend practices or games without a reasonable excuse shall expect to play fewer innings as a disciplinary measure at the reasonable discretion of the coach. Managers must inform the Coordinator of any problems with a player or a parent in which League action is required.
- 4.7 Players must play 12 of 18 innings (over a 3 game span) with equal infield and outfield play. Records must be kept for infield and outfield play, and this will be periodically checked by level Coordinator in order to facilitate conflict resolution with parents.
- 3.8 Coaches and Managers must develop players at all positions for which they are reasonably suited, and will be at the Coaches and Managers discretion.
- 3.9 Players may be re-entered freely into the game except pitchers may not re-enter the game as a pitcher.
- 3.10 In the course of the season, all players must have equal playing time. In no game shall a player sit for consecutive innings or sit more than two innings. A player that sits for 2 innings in one game shall sit only 1 inning in the next game.
- 3.11 Stealing Bases
- MAJOR AAA & MAJOR AA**
- Stealing (including a delayed steal) is allowed. However, once the pitcher has the ball on the mound, the runner must immediately advance or go back to his last base (ie, no dancing).
- MAJOR A**
- Stealing is not allowed when the pitching machine is being used (first part of the season).
  - Once Live Pitching is initiated, then stealing of 2<sup>nd</sup> and 3<sup>rd</sup> is allowed only after the pitched ball crosses home plate.
  - A player on 3<sup>rd</sup> may not steal home on a passed ball.
  - A delayed steal on a ball intended to be thrown by the catcher to pitcher is not allowed (play is dead).
  - A player may advance one base on a dead ball thrown out of play.
  - After a walk, the batter may only advance to first base (he/she cannot steal second base prior to the next pitch).

3.12 Pitching

**MAJOR AAA & MAJOR AA**

- Live Pitching is required for the entire season.

**MAJOR A**

- The pitching machine will be used for the majority of the season. The implementation of Live Pitching will be decided by the Division Coordinators & Coaches, once teams have developed pitchers to a level of consistency.

3.13 Pitchers **cannot** pitch on 3 consecutive days.

3.14 The scorekeeper will be the official pitch counter, unless an assigned pitch counter is assisting the scorekeeper.

3.15 Managers must see the scorekeeper at the end of every inning to get the official pitch count at that point in the game.

3.16 Pitcher Eligibility Tracking Forms must be filled out at the end of every game by the scorekeeper, and signed by the manager of each team at the end of every game.

3.17 Catchers warming up pitchers must be in full protective gear at all times. When warming up pitchers in the bullpen area, another team member must be stationed facing the playing field, equipped with a glove and helmet to protect the pitcher and catcher from stray balls. Coaches may warm up pitchers when a player is not ready or available (no protective gear is required for coaches).

3.18 Managers must agree to a rainout 45 minutes to 1 hour prior to game start time (6pm). Home field manager to inform Umpire-In-Chief of rainout 45 minutes prior to start time in order to notify umpires. At the field, if the Managers cannot agree and the umpires are present, the umpires decide. Every effort will be made to make-up games, and they will be arranged through the Division Coordinator. The Umpire-In-Chief must be notified of the date and time of the make-up game in order to arrange for umpires. Rainouts must be made up unless otherwise determined by Division Coordinator. One point will be awarded to each team for a rain out which cannot be made up.

3.19 The maximum number of coaches allowed inside the fence during game time is three. One coach must be in the dugout at all times.

3.20 The offensive team shall station two base coaches on the field during its time at bat, one in the first base coach's box and one in the third base coach's box. A base coach shall be either an eligible player in uniform wearing a protective helmet; or an adult manager or coach. Accordingly, two adult coaches are permitted. An adult manager or coach is only permitted to occupy the first or third base coaches box if there is at least one other adult manager or coach in the dugout.

3.21 For everyone's safety remind your players not to throw the bat. Warnings will be given from the umpires to players who throw the bat, multiple offenses can lead to an out called by the umpire (not the coaches or managers).

3.22 All equipment must be removed from the field during the game (ie. No leaving bats in the field, or hanging on the field side of fence).

3.23 Players are not to leave the dugout area for any reason without the permission of the nearest umpire. Players leaving the dugout area, without permission, may be ejected from the game by the umpire.

3.24 The first batter in each inning may stand in the on deck circle. No other batter will be allowed on the field.

- 3.25 No new inning shall start after 1 ¾ hours (Major AAA) or 1 ½ hours (Major AA & Major A) have elapsed in the game unless the game is tied, in which case the inning shall be played, weather and light conditions permitting.
- 3.26 The following is the run limits for games.
- Major AAA & Major AA**
- 5 runs in the first 5 innings, the 6<sup>th</sup> or last inning (which can be the 5<sup>th</sup> inning if time is running out and it is agreed upon to be the last inning by both team managers) is an open inning.
- Major A**
- 3 runs in the first 5 innings, the 6<sup>th</sup> or last inning (which can be the 5<sup>th</sup> inning if time is running out and it is agreed upon to be the last inning by both team managers) is an open inning.
- 3.27 League play within Coquitlam Little League is governed by Little League Canada rules. In any instance where a Little League Canada rule differs from the Little League Baseball (Williamsport) rule, the Canadian rule shall prevail.
- 3.28 House rules will prevail over Little League rules.

REMEMBER: The development of players in a fun environment is the purpose of our program.

MAJOR AAA & A COORDINATOR	Bruce Dorwart	604-841-6635	majora@coquitlamlittleleague.ca
MAJOR AA & A COORDINATOR	Mark Edwards	604-313-6799	majorb@coquitlamlittleleague.ca
VICE PRESIDENT (12 & under)	Craig Bridger	604-868-9505	vp12u@coquitlamlittleleague.ca
PRESIDENT	Sandon Fraser	778-388-3930	president@coquitlamlittleleague.ca
EQUIPMENT MANAGER	Steve Tickner	604-525-8833	tickball57@gmail.com
UMPIRE-IN-CHIEF	Bruce Michael	604-314-1609	brucemichael03@gmail.com

## Bonzi Team

With the launch of the new website at [www.coquitlamlittleleague.ca](http://www.coquitlamlittleleague.ca) came a new registration program that syncs with an app called bonzi team. It is available on apple and android. The app will streamline your scheduling and communications and make the managing job of the team a bit easier.

Further information will be available at the coaches meeting and on the website.

## Team Parent

Nothing will make your season run smoother than finding a **Team Parent** that can take care of all the little extras, allowing you to concentrate on your players.

A **Team Parent** manual has been developed. Just find the perfect parent that will be able to take care of the responsibilities listed below, hand them the accompanying manual, and have a great season!

**PLEASE REMEMBER THE INCREDIBLE LOAD YOUR TEAM PARENT HAS TAKEN OFF YOUR SHOULDERS DURING THE SEASON AND REWARD THEM WITH SOMETHING SPECIAL AT YOUR TEAM WIND-UP**

### Responsibilities of a team parent

- The Team Parent takes care of the million little details that crop up off of the field, allowing your child's manager and coaches to concentrate on baseball.
- Hands out the **Mackin** flyer to all parents on the team. It explains the responsibility that comes with having a child playing at **Mackin**.
- Assign duties for all games. It is expected that spouses of coaches and managers will also pitch in and do their part with team duties.
- Hand out and collect Raffle Tickets and Money.
- Promote the Pub Night for Parents and provide a prize for the silent auction or raffle.
- Help co-ordinate your team for the Mid-Season Classic and the Mackin Yard Invitational
- Help co-ordinate your team on Picture Day re: meeting places, times etc
- Will probably be responsible for collecting money and buying gifts at the end of the season.
- Will be expected to decide on what type of team party the team will have after the season.
- Will act as an e-mail, telephone liaison between the players and coaching staff, passing along messages on behalf of the coach and taking messages.

What is a team parent?

The team parent takes care of the million little details that crop up off of the field, allowing your child's manager and coaches to concentrate on baseball.

## Field Duties

### Away Team Duties

#### Field clean-up:

- Infield should be dragged and base paths raked (lengthwise)
- Pitcher's mound and Batter's box raked and tamped
- Bases and equipment put away properly (bins and storage areas are to be kept tidy)
- Dugouts cleaned (and locked up when at Mackin Yard)
- Batting cage locked (when at Mackin Yard)

#### Concession (when in Mackin Yard):

- Children under the age of 15 are not allowed in the concession
- At least two (2) people are required to run the concession.
- Open the concession at least 1/2 hour (earlier, if possible) prior to game.
- Please leave the concession clean for the next team.
- Allow time for team players to purchase items from concession after each game (approx. 15-20 minutes). DO NOT CLOSE UP EARLY!
- Make sure the concession is locked after your game (if no other team is scheduled to follow you).
- All concession information is available in a binder in the concession.

### Home Team Duties:

#### Field preparation:

Setting up the field prior to the game

- Should be started at least 1 hour before the game (when no earlier game is being played on that field.
- Infield should be dragged
- Pitcher's mound & Batter's box must be raked and tamped
- Rake the first & third base paths lengthwise from base to base - not across to prevent small rolls from built up
- Mark the 1st and 3rd baselines on field with Lining/Chalk
- Unlock the dugouts (when at Mackin Yard)

#### Scorekeeper & Pitch Counter:

Scorekeepers should be at the field 30 minutes prior to game time in order to have score sheets filled out. **All score sheets must have date of game, along first and last names of all players.**

Official scorekeeper and pitch counter must remain at scorekeepers table (or in the score shack for Mackin Yard) for the duration of the game. It is now the responsibility of the scorekeeper to keep track of the pitch count and pitcher eligibility (when live pitching is in play), although a second parent can be assigned to this task. Managers have been supplied with the appropriate paperwork in their manuals. Extras will also be available in the score shack and/or from the division coordinator.

#### Announcer Duties (when at Mackin Yard):

- Put out speakers
- Plays lively warm-up music (appropriate music for all ages)



- Announces teams, managers/umpires just prior to the first pitch
- Announces batters as they come to the plate
- After each half inning, announces line scores and plays lively music (appropriate music for all ages)
- Announces sponsors, 50/50 draw and winning number in bottom of 5<sup>th</sup> inning
- Stores speakers at the end of game
- Please refrain from yelling or cheering for players from the booth, and please remember that the PA announcer is not a play-by-play announcer or a colour commentator. Any such comments should be rare and limited to an outstanding play. Remember, less is more!

## Karl Gosselin Classic

Thursday May 10<sup>th</sup> until Monday May 14<sup>th</sup>

The 12/13 mid-season classic tournament is now into its 20<sup>th</sup> season. It was developed to allow the 12 year old players the chance to see what baseball will be like when they move up to Blue Mountain next year. By the end of the week-end, lead offs, and longer base paths are just a few of the new "skills" this year's 12 year olds will have to look forward to when they return to play in 2018 at the Junior level.

It has proven itself time and again to be a great week-end of Baseball, and **it is expected that all the 12 & 13 year olds will attend.**

The 12 year olds play with the 13 year olds, following Junior rules (with specific pitching rules designed to not interfere with regular season rules). The players are coached by Coquitlam Little League's very own Senior/Big League players (age 15-18).

This tournament is a fun, developmental learning experience for all involved, from our players to the Coaches and the umpires.

Coaches - please talk the importance of this tournament up to all 12 and 13 year old players - they need to take part!

## Picture Day

Due to its huge success at Blue Mountain Park the last few years we will once again be holding out picture day at the "big diamond". Within the next month or so you will be receiving your picture order forms. When you receive your order forms, there will be a roster form supplied by the photographer. This must be filled out with your team's information prior to getting your pictures taken. On the picture form bundle, your team name and picture time will be listed (if you aren't sure, times are posted on the website).

Try to get there 10-15 minutes before to get the team together so that you are on time for your pictures. As soon as your team is together go to the picture area to have your team and individual pictures done. Volunteers will be around to help direct you to the picture area.

Please note - Coquitlam Little League pays for a team and individual picture for each player - any additional pictures must be ordered & paid for using the picture order form. Each player will also receive a coupon that they can redeem for a free meal at the concession stand.

We are expecting some of the older teams will be playing on this day. This is a chance to get together as a team, have a hot dog or two and enjoy a great ball game.

## Fundraising

### Why We Fundraise

As board members we'd like to explain why it is necessary to Fundraise during the regular season.

Our annual expenditures to run Coquitlam Little League vary from divisional equipment and uniforms, advertisement and registration costs, fees paid to Little League BC and Little League Canada, medals & trophies, insurance and medical coverage, & umpire fees, etc. The basic costs to operate the league run close to \$100,000.00 per year.

The above are basic operating costs that must be incurred before we are able to consider capital expenditures or any improvements to our facilities (including field and cage upgrades at Mackin & Blue Mountain).

Our general revenue that is brought in by registration costs alone usually nets us \$70- \$75,000.00. In order to keep the standards we have set and strive to maintain, the rest of our expenses have to be covered by fundraising, sponsorship and concession sales.

Every year the executive applies for, and has been fortunate in the past few years to receive gaming grants from the province, however this a venue is not a guarantee and the likelihood of not receiving funding in any given year is always a possibility. Therefore, more than ever, this year's raffle is essential to maintaining the standards that Coquitlam Little League has set. Please help our kids to continue to receive the benefits of past years and sell raffle tickets to everyone you know. We thank you in advance for helping us all to meet these commitments.

### Raffle info

You will soon be receiving your raffle tickets for your team to sell. Tickets are \$2 each and there are 20 tickets in each book.

First prize - \$1200.00

Second prize - \$1000.00

Third prize - Me 'n Ed's pizza experience (a large pizza a month every month for a year)

Draw will be held at founder's day Included is a form to easily track your team's books of tickets  
It is essential that all tickets are tracked, and all tickets are returned, sold or unsold!

Please try and get all sold tickets in early. They can be handed in to your coordinator, any board Member or they can be dropped off at either Blue Mountain concession or Mackin concession or at Terri's any time (309 Cutler street - just drop them into the mail slot). A prize is given to the team that sells the most tickets. Call Terri @ 604-553-3985, Kelly @ 604-420-7159 or email Laurie lauriesy@telus.net with any questions.

## Pub Night

*Always guaranteed to be a blast!*

Each team will donate a prize to be used as either a silent auction item or for the raffle - theme baskets and gift certificates are always a welcome contribution.

More info will be announced as it becomes available via the website and emails

If you have any questions, please contact:

Terri - bt-michael@shaw.ca

Kelly - okroy@shaw.ca

Laurie – lauriesy@telus.net

## Founder's Day

This is the wrap-up to our regular season!

All teams from Blastball up participate - so make sure that you arrive early - and have a designated place to meet your team. Parking is at a premium - so be prepared to park a bit away and walk to the park!

Any last minute raffle tickets must be handed in at this time!

All team players, coaches & managers will go onto the field to their designated team area.

Parents watch from the bleachers or outside the fences.

Trophies are awarded; pictures and year-end commemoratives are distributed. The raffle prizes are drawn.

All players Rookie and up should bring a change of clothes, as uniforms should be handed in that day. If you can collect them all now, it'll save a lot of headaches over the summer.

Often, teams find this a great opportunity to stick around the park somewhere and celebrate their year-end parties!

See you next year

## Coaches' Game

Come and join in for the fun!

This is a great evening to dust off those cleats, get out of the coach's box and join the game

**ALL COACHES – ALL DIVISIONS WELCOME**

Snacks provided

Beverages available at a great price

Families are encouraged to come and watch/cheer

## Post Season

The Board of Directors would like to take this opportunity to try and answer some of the questions that surround the structuring of Post Season play, the expectations of Little League on the post season, and exactly which opportunities are available for players and teams. There are many opportunities for post season all-star play for 8-12 year olds. Teams are structured as follows:

8 Year Old Selects – Invitational Tournament

8 Year Old All Stars – District 3 Tournament

9 Year Old Selects - District 3 Tournament

9/10 All Stars / Sanctioned – District 3, Provincial and Canadian Tournament

11 Year Old Selects - Invitational Tournament (Drew Henderson)

11/ 12 Selects - District 3 Tournament

11/ 12 All Stars / Sanctioned – District 3, Provincials, Canadian, World Series Tourney

These teams are made of players selected through try-outs. The sanctioned teams are chosen first. Players that are chosen for the sanctioned team must adhere to this commitment and cannot chose to be placed on one of the other teams. Players must fulfill post season Little League commitments before they are allowed to play in any other tournament not directly associated with Little League.

\*\*\*\*In order to compete in post season play, each player must have the required number of games in the official scorebooks. Please make sure your scorekeepers are scoring the games correctly and using first and last names!

Each of these teams is required to partake in Little League Tournaments. The sanctioned teams have the opportunity to win their District tournaments, go on to Provincial and Canadian tournaments, and in the case of the 11/12 year old team, potentially compete at the World Series in Williamsport. Juniors and Senior/Big League can also advance to World Series.

Only after all Little League commitments have been filled, are Teams welcome to pursue other tournaments, not directly associated with Little League. Managers of the post season all-star teams will be made aware of which opportunities are available at each division.

## Pitch count regulation

### IF PLAYING AT MACKIN YARD

Please ensure that both the official scorekeeper and pitch count person are sitting in the booth when it is your team's responsibility.

### IF PLAYING AT EAST MACKIN

Please ensure that both the scorekeeper and pitch count person are sitting closely behind home plate. It is not appropriate for them to sit out in the stands as the umpires have a difficult time locating them and therefore staying on top of the pitch count.

### ALL OFFICIAL PITCH COUNTERS

The official pitch count person should be using the game log that is provided for pitch count.

At the end of each half inning it is a good idea that the scorekeeper and pitch counter confirm the pitch count with each other.

### **Regular season**

#### **Regulation VI - pitchers:**

(a) Any player on a regular season team may pitch. Exception: any player, who has played the position of catcher in four (4) or more innings in a game, is not eligible to pitch on that calendar day. Note: the catcher receiving one pitch to a batter in the fourth inning constitutes having caught (4) innings. Warm-up pitches do not count, only when the ball is live will the pitches count toward innings caught.

(b) A pitcher once removed from the mound cannot return as a pitcher. Intermediate (50-70), Junior, Senior/Big League divisions only: a pitcher remaining on defense in the game, but moving to a different position, can return as a pitcher anytime in the remainder of the game, but only once per game.

(c) The manager must remove the pitcher when said pitcher reaches the limit for his/her age group as noted below, but the pitcher may remain in the game at another position:

#### League age

- 7-8 50 pitches per day
- 9-10 75 pitches per day
- 11-12 85 pitches per day
- 13-16 95 pitches per day
- 17-18 105 pitches per day

Exception: if a pitcher reaches the limit imposed in regulation VT (c) for his/her league age while facing

A batter, the pitcher may continue to pitch until any one of the following occurs:

1. That batter reaches base;
2. That batter is put out;
3. The third out is made to complete the half-inning.

Note: a pitcher who delivers 41 (forty-one) or more pitches in a game cannot play the position of catcher for the remainder of that day.

(1) pitchers league age 14 and under must adhere to the following rest requirements:

If a player pitches 66 or more pitches in a day, four (4) calendar days of rest must be observed.

If a player pitches 51 - 65 pitches in a day, three (3) calendar days of rest must be observed.

If a player pitches 36 - 50 pitches in a day, two (2) calendar days of rest must be observed.

If a player pitches 21 - 35 pitches in a day, one (1) calendar day of rest must be observed.

If a player pitches 1 - 20 pitches in a day, no (0) calendar day of rest is required.

Pitchers league age 15 - 18 must adhere to the following rest requirements:

If a player pitches 76 or more pitches in a day, four (4) calendar days of rest must be observed.

If a player pitches 61 - 75 pitches in a day, three (3) calendar days of rest must be observed.

If a player pitches 46 - 60 pitches in a day, two (2) calendar days of rest must be observed.

If a player pitches 31 - 45 pitches in a day, one (1) calendar day of rest must be observed.

If a player pitches 1 ~- 30 pitches in a day, no (0) calendar day is required.

Exception: if a pitcher reaches a day(s) of rest threshold while facing a batter, the pitcher may continue to pitch until any one of the following conditions occurs: (1) that batter reaches base; (2) that batter is retired; or (3) the third out is made to complete the half-inning. The pitcher will only be required to observe the calendar day(s) of rest for the threshold he/ she reached during that at-bat, provided that pitcher is removed or the game is completed before delivering a pitch to another batter.

(e) Each league must designate the scorekeeper or another game official as the official pitch count recorder.

(t) The pitch count recorder must provide the current pitch count for any pitcher when requested by either manager or any umpire. However, the manager is responsible for knowing when his/her pitcher must be removed.

(g) The official pitch count recorder should inform the umpire-in-chief when a pitcher has delivered his/her maximum limit of pitches for the game, as noted in regulation VI (c). The umpire-in-chief will inform the pitcher's manager that the pitcher must be removed in accordance with regulation VI (0). However, the failure by the pitch count recorder to notify the umpire-in-chief, and/or the failure of the umpire-in-chief to notify the manager, does not relieve the manager of his/her responsibility to remove a pitcher when that pitcher is no longer eligible.

(h) Violation of any section of this regulation can result in protest of the game in which it occurs. Protest shall be made in accordance with playing rule 4.19.

(j) A player who has attained the league age of twelve (12) is not eligible to pitch in the minor league. (See regulation v - selection of players).

(k) Pitching in more than one game in a day:

- Minor league, Little League (Majors) and Intermediate (50-70) division - a player may not pitch in more than one game in a day;
- Junior League and Senior/Big League.... A player may be used as a pitcher in up to two games in a day. (Exception: if the player pitches 31 or more pitches in the first game that player may not pitch in the second game that day);

Note: if a Junior or Senior/Big League pitcher pitches in more than one game in a day, and has not pitched 31 or more pitches in the first game, the total number of pitches that pitcher may pitch in both games combined is the daily maximum of 95. Big League - a player may be used as a pitcher in up to two games in a day.

Notes:

1. The withdrawal of an ineligible pitcher after that pitcher is announced, or after a warm-up pitch is delivered, but before that player has pitched a ball to a batter, shall not be considered a violation. Little League officials are urged to take precautions to prevent protest. When a protest situation is imminent, the potential offender should be notified immediately.

Note: Minor League and Little League (Majors): when warming up, if a pitcher is discovered to be ineligible, he/she must be removed and the previous pitcher of record may not return.

2. Pitches delivered in games declared “regulation tie games” or “suspended games” shall be charged against pitcher’s eligibility.

3. In suspended games resumed on another day, the pitchers of record at the time the game was halted may continue to pitch to the extent of their eligibility for that day, provided said pitcher has observed the required days of rest. Exception: in the event that the first inning is not completed, all records including pitching, batting records, etc. shall be disregarded.

Example 1: a league age 12 pitcher delivers 70 pitches in a game on Monday when the game is suspended. The game resumes on the following Thursday. The pitcher is not eligible to pitch in the resumption of the game because he/she has not observed the required three days of rest.

Example 2: a league age 12 pitcher delivers 70 pitches in a game on Monday when the game is suspended. The game resumes on Saturday. The pitcher is eligible to pitch up to 85 more pitches in the resumption of the game because she/he has observed the required three days of rest.

Example 3: a league age 12 pitcher delivers 70 pitches in a game on Monday when the game is suspended. The game resumes two weeks later. The pitcher is eligible to pitch up to 85 more pitches in the resumption of the game, provided he/ she is eligible based on his/her pitching record during the previous four days.

## Tournament Rules for Pitch Count

Pitchers:

Pitching rules - Little League baseball, 9-10 year old division, 10-11 year old division, Intermediate (50-70) division and Junior League

These rules replace the regular season pitching regulations. Violation of these pitching rules is subject to protest and action by the Tournament Committee in Williamsport if protested or brought to the Tournament Committee’s attention.



A. Any player on a tournament team may pitch. Exception: any player, who has played the position of catcher in four (4) or more innings in a game, is not eligible to pitch on that calendar day.

B. A tournament pitcher may not pitch in regular season or special games while the team is still participating in the tournament.

C. Pitchers once removed from the mound may not return as pitchers. Intermediate (50-70), Junior League: a pitcher remaining in the game, but moving to a different position, can return as a pitcher anytime in the remainder of the game, but only once per game.

D. The manager must remove the pitcher when said pitcher reaches the limit for his/her age group as noted below, but the pitcher may remain in the game at another position;

League age:

- 13-14 95 pitches per day
- 11-12 85 pitches per day
- 9-10 75 pitches per day

Exception: if a pitcher reaches the limit imposed above for his/her league age while facing a batter, the pitcher may continue to pitch until any one of the following occurs: (1) that batter reaches base; (2) that batter is retired; (3) the third out is made to complete the half-inning or the game.

Note: a pitcher who delivers 41 or more pitches in a game cannot play the position of catcher for the remainder of that day.

E. Pitchers league age 14 and under must adhere to the following rest requirement:

If a player pitches 66 or more pitches in a day, four (4) calendar days of rest must be observed.

If a player pitches 51 - 65 pitches in a day, three (3) calendar days of rest must be observed.

If a player pitches 36 - 50 pitches in a day, two (2) calendar days of rest must be observed.

If a player pitches 21 - 35 pitches in a day, one (1) calendar day of rest must be observed.

If a player pitches 1 to 20 pitches in a day, no rest is required.

Exception: if a pitcher reaches 3 day(s) of rest threshold while facing a batter, the pitcher may continue to pitch until any one of the following conditions occurs: (1) that batter reaches base; (2) that batter is retired; (3) the third out is made to complete the half-inning or the game. The pitcher will only be required to observe the calendar day(s) of rest for the threshold he/ she reached during that at-bat, provided that pitcher is removed or the game is completed before delivering a pitch to another batter.

A player cannot pitch in two games in a day.

(Exception: Junior League - if a player pitches in 30 or less pitches in the first game, that Player may pitch in the second game on that day);

In a game suspended by darkness, weather, or other causes, and resumed the following calendar day, the pitcher of record at the time the game was halted may continue to the extent of his/her eligibility, provided he/she delivered 40 or less pitches, and subject to each of these conditions:

1. If the pitcher delivered 20 or less pitches before the game was suspended, that pitcher's pitch count will begin at zero for the continuation portion of the game;

2. If the pitcher delivered between 21 and 40 pitches before the game was suspended, that pitcher's pitch count will begin with the number of pitches delivered in that game; In a game suspended by darkness, weather, or other causes and resumed more than one calendar day later,

the provisions of (g.) Above shall apply, unless the pitcher of record pitched in another game or games after game was halted. In that event, eligibility to pitch in the continuation portion of a game shall be determined by the number of pitches delivered in the game or games after game a was halted.

Failure to remove a pitcher who has reached his/her maximum number of pitches required by League age or use of an ineligible pitcher is basis for protest. Violation protested or brought to the Tournament committee's attention, shall result (by action of the tournament committee) in the suspension of the team's manager for the next two scheduled tournament games, even if those games are played at the next tournament level. Additional penalties (up to and including forfeiture of a game and/or disqualification of the team, managers or coaches from further Tournament participation) may be imposed if, in the opinion of the tournament committee:

1. A manager or coach takes any action that results in making a travesty of the game,
2. A team fails to meet the requirements of this rule more than once during the International tournament, which begins with district play and ends at the World Series Level (state level for 9-10 and 10-11), or;
3. A manager wilfully and knowingly disregards the requirements of this rule.

A manager or coach suspended for any reason is not permitted to be at the game site and must not take any part in the game, nor have any communications whatsoever with any persons at the game site. This included pregame and postgame activities. Violation may result, by action of the Tournament committee, in further suspension, forfeiture of a game and/or disqualification of the Team, managers or coaches from further tournament participation.

Pitch count game log (includes pitcher eligibility)

The following tracking sheet is mandatory for each game.

Your manager has been given a supply of them for your team.

The scorekeeper assigned is responsible for ensuring completion of these forms.

Extras can be found in the score shack or they can be printed directly off of the website.

Appendices

Pitch Count Log

This is a sample, copies will be available from your coordinator.

Baseball Pitch Count Log

League: \_\_\_\_\_ Division: \_\_\_\_\_ Team: \_\_\_\_\_

League Age	7-8	9-10	11-12	13-14
Max Pitches per Day	50	75	85	95
League Age	15-16	17-18		
Max Pitches per Day	95	115		
# of Pitches Thrown	1-20	21-35	36-50	51-65
# Days Rest Req'd	0	1	2	3
# of Pitches Thrown	1-30	31-45	46-60	61-75
# Days Rest Req'd	0	1	2	3
# of Pitches Thrown	> 75			4

EXCEPTION: If a pitcher reaches a day(s) of rest threshold while facing a batter, the pitcher may continue to pitch until that batter reaches base or that batter is retired or the half-inning is made to complete the half-inning. The pitcher will only be required to observe the calendar day(s) of rest for the threshold he/she reached during that at-bat, provided that pitcher is not moved before delivering a pitch to another batter.

EXCEPTION: If a pitcher reaches the Max # of pitches for his/her league age while facing a batter, the pitcher may continue to pitch until the batter reaches base, is put out, or the half-inning ends.

A player who pitches 41 or more pitches in a game may not play out for the remainder of that day.

A player who catches in three or more innings in a game may not pitch for the remainder of that day.

Minor and Major players may NOT pitch in more than ONE game in a Day.

Junior and Senior players may pitch in up to two games in a day. If a pitcher throws more than 31 or more pitches in the first game he/she may not pitch in a second game that day.

Big League players may pitch in up to two games in a day.

Day / Date / Opponent	Pitcher's Name	League Age	# of Pitches Thrown	# Days Rest Req'd	Max Pitches per Day	League Age	# of Pitches Thrown	# Days Rest Req'd	Threshold used for Days Rest	# of Pitches Thrown	Mgr Initials (post game)
			1	0	95	15-16	1	0			
			2	1	95	15-16	2	1			
			3	2	115	17-18	3	2			
			4	3			4	3			
			5	4			5	4			
			6	5			6	5			
			7	6			7	6			
			8	7			8	7			
			9	8			9	8			
			10	9			10	9			
			11	10			11	10			
			12	11			12	11			
			13	12			13	12			
			14	13			14	13			
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			16	15			16	15			
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			99	98			99	98			
			100	99			100	99			

\* "Threshold used for Days Rest": For the EXCEPTION shows. If a pitcher reached a Days Rest threshold he/she can continue to pitch to that batter until that batter only be charged the Days Rest for that threshold. As shown in the "Ex sample", the pitcher reached 65 pitches and continue pitching to that batter until up throwing 67 pitches. BUT, days rest is based on the 65 pitch threshold (3 days) not the > 65 pitch threshold (4 days).

Duty Roster

MACKIN YARD DUTIES

Team Name:



Visiting Team  
 Concession #1  
 Concession #2  
 Field Cleanup #1  
 Field Cleanup #2

Home Team  
 Field Prep #1  
 Field Prep #2  
 Scorekeeper  
 Pitch Counter  
 Announcer

DATE	TIME	HOME/AWAY	CONCESSION	FIELD CLEANUP	FIELD PREP	SCOREKEEPER	PITCH COUNTER	ANNOUNCER
			1	1	1			
			2	2	2			
DATE	TIME	HOME/AWAY	CONCESSION	FIELD CLEANUP	FIELD PREP	SCOREKEEPER	PITCH COUNTER	ANNOUNCER
			1	1	1			
			2	2	2			
DATE	TIME	HOME/AWAY	CONCESSION	FIELD CLEANUP	FIELD PREP	SCOREKEEPER	PITCH COUNTER	ANNOUNCER
			1	1	1			
			2	2	2			
DATE	TIME	HOME/AWAY	CONCESSION	FIELD CLEANUP	FIELD PREP	SCOREKEEPER	PITCH COUNTER	ANNOUNCER
			1	1	1			
			2	2	2			
DATE	TIME	HOME/AWAY	CONCESSION	FIELD CLEANUP	FIELD PREP	SCOREKEEPER	PITCH COUNTER	ANNOUNCER
			1	1	1			
			2	2	2			
DATE	TIME	HOME/AWAY	CONCESSION	FIELD CLEANUP	FIELD PREP	SCOREKEEPER	PITCH COUNTER	ANNOUNCER
			1	1	1			
			2	2	2			
DATE	TIME	HOME/AWAY	CONCESSION	FIELD CLEANUP	FIELD PREP	SCOREKEEPER	PITCH COUNTER	ANNOUNCER
			1	1	1			
			2	2	2			

## Code Of Conduct – sign and return

### **COACHING CODE OF CONDUCT**

The athlete/coach relationship is a privileged one. Coaches play a critical role in the personal as well as the athletic development of their athletes. They must understand and respect the inherent power imbalance that exists in this relationship and must be extremely careful not to abuse it. Coaches must also recognize that they are conduits through which the values and goals of a sport organization are channelled. Thus how a coach regards his/her sport is often dependent on the behaviour which will allow them to assist their athletes in becoming well-rounded self-confident and productive human beings.

#### **COACHES HAVE A RESPONSIBILITY TO:**

- 1) Treat everyone fairly within the context of their activity, regardless of gender, place of origin, colour, sexual orientation, religion, political belief or economic status.
- 2) Direct comments or criticism at the performance rather than the athlete.
- 3) Consistently display high personal standards and project a favourable image of their sport and of coaching.
- 4) Refrain from public criticism of fellow coaches; especially when speaking to the media or recruiting athletes.
- 5) Abstain from the use of any tobacco products while in the presence of her/his athletes and discourage their use by athletes.
- 6) Abstain from drinking alcoholic beverages when working with athletes or while on or near the playing field.
- 7) Discourage the use of alcohol in conjunction with athletic events or victory celebrations at the playing site.
- 8) Refrain from the use of profane, insulting, harassing or otherwise offensive language in the conduct of his/her duties.
- 9) Ensure that the activity being undertaken is suitable for the age, experience, ability and fitness level of the athletes and educate athletes as to their responsibilities in contributing to a safe environment.
- 10) Communicate and co-operate with registered medical practitioners in the diagnoses, treatment and management of their athletes' medical and psychological problems. Consider the athletes' future health and well being as foremost when making decisions regarding injured athletes' ability to continue playing or training.
- 11) Recognize and accept when to refer athletes to other coaches or sport specialists. Allow athletes' goals to take precedence over their own.
- 12) Regularly seek ways of increasing professional development and self-awareness.
- 13) Treat opponents and officials with due respect both in victory and defeat and encourage athletes to act accordingly. Actively encourage athletes to uphold the rules of their sport and the spirit of such rules.

**THIS COPY MUST BE SIGNED AND RETURNED TO YOUR COORDINATOR**

**PAGE ONE SIGNATURE \_\_\_\_\_**

- 14) In the case of minors, communicate and co-operate with the athlete's parents or legal guardians, involving them in management decisions pertaining to their child's development.
- 15) In an educational institution, be aware of the academic pressure place on student-athletes and conduct practices and games in a manner so as to allow academic success.

**COACHES MUST:**

- 1) Ensure the safety of the athletes with whom they work.
- 2) At no time become intimately and/or sexually involved with their athletes. This includes requests for sexual favours or threat of reprisal for the rejection of such requests.
- 3) Respect athlete's dignity. Verbal or physical behaviours that constitute harassment or abuse are unacceptable (definition of harassment described below).
- 4) Never advocate or condone the use of drugs or other banned performance enhancing substances.
- 5) Never provide under age athletes with alcohol.

**DEFINITION OF HARASSMENT:**

Harassment takes many forms but can generally be defined as behaviour including comments and/or conduct which is insulting, intimidating, humiliating, hurtful, malicious, degrading or otherwise offensive to an individual, or group of individuals, or which creates an uncomfortable environment.

**Harassment may include:**

- written or verbal abuse or threats;
- sexually oriented comments;
- racial or ethnic slurs;
- unwelcome remarks, jokes, innuendoes or taunting about a person's body, attire, age, marital status, ethnic or racial origin, religion etc;
- displaying of sexually explicit, racist or other offensive or derogatory material;
- sexual, racial, ethnic or religious graffiti.
- practical jokes which cause awkwardness or embarrassment, endanger a person' safety, or negatively affect performance;
- unwelcome sexual remarks, intimidation or invitations or request whether indirect or explicit;
- leering (suggestive staring), or other obscene or offensive gestures;
- condescension, paternalism or patronizing behaviour which undermines self-respect or adversely affects performance or working conditions;
- physical conduct such as touching, kissing, patting, pinching, etc.;
- vandalism;
- physical assault.

This code was developed by Promotion Plus Women in Coaching Committee in conjunction with the Ministry of Government Services and The Ministry Responsible for Sport and the Commonwealth Games Coaching Advisory Committee and the Coaches Association of BC.

**DIVISION** \_\_\_\_\_

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